JUNE NEWSLETTER



Commander here, trying to come to you from a surreal place. The place meets the description but there is nothing surreal about me these days, after all it is May and what a month it was. 2019 is almost half way over, really need to replenish my air-supply and take a deep breath of there just won't be any left to exhale.

586 Tornadoes and counting.

Half of US is under water, just as Hopi prophecy predicted.

US is in a war of words and just look at the NW activity.



"I am tired from walking,so Croocket lets just sit and chill for a bit. Maybe you can talk me down."



"That little heatwave sure was nice and I am happy Lilian lives in the "QUIET" part of the country. I am talking weather here. Her favorite weatherman Steve Poole is suffering from Cancer and finally a website was created where people can leave messages for him. A man who was in their living room for 30 plus years. One becomes so accustomed to things, places and people and it is hard to make changes. I am pooped also from just thinking!"



"Come on it's not all like that. Memorial Day we pretty nice for Lilian she was invited to Tribal Days and found herself in the NOW! She had a shopping list for Vendors, even though what she needed was not on site, she visited with many while waiting for her food. A generator had a malfunction and it took over an hour to repair. She so enjoyed just to BE, watch the children and the many dogs who followed everyone around and imagined what the world would be like if everyone lived in community, Everyone attended to the kids and it felt like a great big family reunion where everyone shared time and space. A stand sold coffee and as payment she had to tell a story. Needless to say she got 6 cups! Eventually the REZ BURGER was ready. It was well worth the wait and the lessons learned by having been allowed to share the NOW with people. Just what she needed to "recharge her batteries" she called it.



"I can understand that and don't forget Commander Lilian has been unwell for a very long time. Her niece Claudia came from Germany to offer a helping hand and put her affairs in order.... just in case. By the time she arrived Lilian had improved somewhat and they went shopping for 14 days straight,so Claudia could find all the items she had been requested to bring home. It was a miracle Lilian lasted, I think it gave her a boost to get out, discover new stores and spend Claudia's money.



One of the things they noticed while being out and about was depending which stores they patronized people and energies varied. The fear and craziness of much of the patrons coincided with the economic setting of the shoppers and the type of goods purchased. When searching for sport attire surroundings were loud and the music to match. Trader Joe's was upbeat and friendly, the Library soothing and smelled welcoming. It was decided only to go to neighborhoods and stores where people were friendly and had things in common. Claudia thought that is how the country got so divided, by people of like mind to travel in the same circles but soon decided this was NOT the same. Lilian disagreed but promised to go to places with peaceful energy after being SOLO again. They ate their way through international food delicacies, spoke to many Immigrants and compared the difference of their treatment between Europe and America. Needless to say that did not even out especially sine there are STILL separated families and Children in CAGES as we speak."

- "Don't forget the most important part of the story Croocket....."
- "You mean about the Past Life Regressions, Birthday Parties, Mother's Day and the time Lilian attempted to feed her Chitterlings?"
- "No, not that. About End of Life Decisions and their friend."
- "Both Claudia and Lilian suffered a stoke in their 30's. Since one of the assumptions was that Lilian may be experiencing occasional mini strokes' this was an important subject. They brooded about it for some time trying to find a way to explain what it is like to have a stroke. The actual sensation may differ for people. It comes on suddenly and the person don't know what happened. In their mind all is well and their thinking continues. What does become apparent MUCH LATER that something has happened and prevents them from moving parts of the body.



One is TRAPPED in the body while the mind, the thinking, continues and it is puzzling

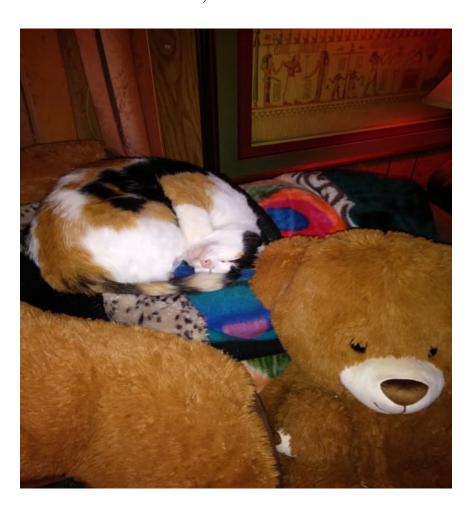
why no-one realized what they are trying to relate. Babies are wrapped for comfort, Mummies to be preserved. A person with a stroke is TOTALLY incapacitated to move,





Few think of the possibility of an eventuality like this. However ...it is wise to discuss the matter. The severity of the stoke can be determined almost right away, and prognosis established. HOWEVER when families decide to keep a loved one in such state for selfish reasons....may it be for Money, Guilt Complex about how they treated someone prior to the event or for whatever reason,... one should understand the mechanics of such a major event in a loved one life. IF recovery is possible, sometimes it is.... Claudia and Lilian had a long and productive life after the event.... BUT if there is no hope please allow the person to make a conscious decision to leave the Planet. Lilian chose the latter. She was advised to carry a card in her wallet stating her wishes and also put a plastic sandwich bag with instructions in her freezer for Medics when living alone. Medics will look into the freezer when called for assistance. PLEASE HONOR PEOPLES WISHES."

"Half of America suffered a stroke on May 29th when Mr Mueller addressed the Nation and reiterated what it was he said in his report.. Long term prognosis for the Country is being debated as we speak. Humans have a habit of procrastinating. Hopefully they will arrive at the right decision rather than nap in the fetal position like OYA, Lilian's cat."





This is Lilian's show about the 6.8 Nisqually quake.... or so she thought....

https://www.youtube.com/watch?v=pTwpm3xnHM&feature=share&fbclid=IwAR1X8s3qDCpHL7mW180bwjGtu9oBW4JChwM70FiTtIvPQOla-8h2pCB0hU 6.8

This Lady was lost for many days and relates what she learned on her accidental vision quest

https://www.khon2.com/news/local-news/amanda-eller-takes-questions-on-her-survival-in-the-forests-of-maui/2034238366?
fbclid=IwAR2Qezmm4rpv9tPbUUKLeZoUw0ZZzAh2gQiUd-sKWrwm3pwVH39K774rOPU mountain climber amaaanda eller

Fair use

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https://www.youtube.com/watch?v=pTwpm3xnHM&feature=share&fbclid=IwAR1X8s3qDCpHL7mW180bwjGtu9oBW4JChwM70FiTtIvPQOla-8h2pCB0hU 6.8

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fbclid=IwAR2Qezmm4rpv9tPbUUKLeZoUw0ZZzAh2gQiUd-sKWrwm3pwVH39K774rOPU mountain climber amaaanda eller Fair use